## How to load a dose for Respinat Soft Mist Inhaler

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	2/Inserting Take out the medicine canister, with the narrow end of the medicine canister facing the inhaler.
	3/Pressing Push the canister completely into the inhaler until there is a "click" sound. Once the medicine canister is inserted into the inhaler, it cannot be taken out again. Install the transparent base. Do not remove the transparent base again.
	4/Spraying When filling the medicine bottle for the first time, please spray three times, and start using it when there is smoke before you.
1004-0 0 14 14 15 15 16 16 16 16 16 16 16 16 16 16	Each inhaler contains dosages for 30 days. When the pointer enters the red area, there are dosages for about seven days. When the pointer reaches the top of the red area indicating that medicine is insufficient, please return to the clinic for new medicine.

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How to use a Respimat Soft Mist Inhaler

1/Turning Hold the Respimat inhaler upright, with the cap closed. Turn the base in the direction of the arrows on the label until it clicks (half a turn).
2/Opening Open the cap until it snaps fully open.
3/Inhaling Breathe out fully. Place the mouthpiece between your teeth without biting and form a good seal around it with your lips. Do not cover the air vent. Breathe in slowly and deeply through your mouth and at the same time press the dose release button. Remove the Respimat inhaler from your mouth and hold your breath for 5 to 10 seconds , then breathe out slowly.
4/Closing Close the cap. If an extra dose is needed, wait for 30 to 60 seconds then repeat steps 1 to 4.

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